



Monday	Tuesday	Wednesday	Thursday	Friday
Homemade Beef Chilli & Rice £1.95	Sticky BBQ Chicken & Potato Wedges £1.95	Traditional Chicken Dinner with all the Trimmings £2.50	Lamb Curry with Scented Rice & Mint Yoghurt £1.95	Oven Baked Breaded Fish with Chips & Tartare Sauce £2.00
Spanish Frittata £1.90	Italian Style Vegetable Hot Pot £1.90	Vegetarian Korma £1.90	Sliced Leek, Butternut Squash & Potato Pie £1.90	Vegetable Lasagne served with Garlic Bread £1.90
Diced Herb Potatoes 85p	Wedge Potatoes 55p	Thyme & Rosemary Roast Potatoes 55p	Scented Rice 80p	Chunky Chips 85p
Stir Fried Leeks and Cabbage 50p	Roasted Corn on the Cob 50p	Broccoli & Carrots 50p	Cauliflower au Gratin 50p	Baked Beans 50p



Fresh Seasonal Salad available daily.



Apple Tart with Custard 85p	Fruit Shortbread with Custard 85p	Orange & Sultana Sponge with Vanilla Sauce 85p	Plum Crumble with Vanilla Sauce 85p	Summer Fruit Trifle with Creamy Topping 85p
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Various Cakes & Cookies available daily.



Guest Bar				
Pizza Bar	Hot Filled Baguettes/Baps	Noodle Bar	It's a Wrap	Chefs Choice

Pasta Bar				
Carbonara or Basilico	Beef Chilli or Cream Cheese Sauce	Carbonara or Italiano	Macaroni Cheese or Tomato and Basil	Spaghetti Bolognese or Italiano

Pasta Bar & Jacket Potatoes with various fillings available daily.

Please also see our Daily Specials Board.

'S' represents seasonal

Green - Low Fat Healthy Option / Amber - Neither High or Low Fat, Good Brain Food / Red - High Fat & Salt but can aid with energy





Monday

Tuesday

Wednesday

Thursday

Friday

Succulent Sausages with Mashed Potato & Red Onion Gravy
£1.95

Lamb Lasagne with Garlic Bread
£1.95

Traditional Beef Dinner with Yorkshire Pudding & all the Trimmings
£2.50

Chicken Tikka Curry with Rice & Mint Yoghurt
£1.95

Oven Baked Breaded Fish with Chips & Tartare Sauce
£2.00

Herby Ratatouille Bake
£1.90

Cheese and Potato Pie
£1.90

Cauliflower & Broccoli Bake
£1.90

Mixed Peppers & Mushroom Stroganoff
£1.90

Mediterranean Pasta with Fresh Vegetables
£1.90

Mashed Potatoes
55p

Parsley Boiled Potatoes
55p

Roasted Potatoes
55p

Seasoned Rice
80p

Chunky Chips
85p

Broccoli & Caramelised Onions
50p

Braised Red Cabbage
50p

Sliced Green Beans & Courgettes
50p

Buttered Leeks
50p

Baked Beans
50p

Fresh Seasonal Salad available daily.

Iced Lemon Sponge & Custard
85p

Hot Chocolate Shortbread
85p

Apple & Cinnamon Crumble with Custard
85p

Berry Sponge with Custard
85p

Chocolate & Sultana Brownie with Sauce
85p

Various Cakes & Cookies available daily.

Guest Bar

Pizza Bar

Hot Filled Baguettes/Baps

Noodle Bar

It's a Wrap

Chefs Choice

Pasta Bar

Carbonara or Basilico

Beef Chilli or Cream Cheese Sauce

Chicken Torino or Rich Tomato Vegetable

Spaghetti Bolognaise or Italiano

Salmon and Leek Pasta Bake or Tomato and Basil

Pasta Bar & Jacket Potatoes with various fillings available daily.

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Monday	Tuesday	Wednesday	Thursday	Friday
Moroccan Style Chicken with Apricots & Boiled Rice £1.95	Shepherds Pie with Mixed Vegetables £1.95	Traditional Honey Roast Pork Dinner with all the Trimmings £2.50	West Indian Style Mutton Curry with Rice & Peas £1.95	Oven Baked Breaded Fish with Chips & Homemade Tartare Sauce £2.00
Vegetarian Cottage Pie with Sweet Potato Mash £1.90	Oriental Vegetable Stir Fry in Black Bean Sauce £1.90	Vegetable Lasagne with Cheesy Garlic Bread £1.90	Roast Vegetables with Mozzarella Cheese £1.90	Vegetable Balti served with Mint Yoghurt £1.90
Boiled Rice 80p	Minted New Potatoes 55p	Thyme & Rosemary Roasted Potatoes 55p	Rice & Peas 80p	Chunky Chips 85p
Sweet Corn & Roasted Peppers 50p	Braised Cabbage 50p	Broccoli & Carrots 50p	Seasoned Cauliflower 50p	Mushy Peas 50p
Fresh Seasonal Salad available daily.				
Banana & Treacle Sponge with Custard 85p	Apple Crumble with Custard 85p	Coconut & Strawberry Tart 85p	Sultana Bread & Butter Pudding With Custard 85p	Berry Flapjack with Custard 85p
Various Cakes & Cookies available daily.				
Guest Bar				
Pizza Bar	Hot Filled Baguettes/Baps	Noodle Bar	It's a Wrap	Chefs Choice
Pasta Bar				
Carbonara or Basilico	Beef Chilli or Cream Cheese Sauce	Chicken Torino or Rich Tomato Vegetable	Spaghetti Bolognaise or Italiano	Salmon and Leek Pasta Bake or Tomato and Basil

Pasta Bar & Jacket Potatoes with various fillings available daily.

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